

## **AAU EAST COAST NATIONALS TOURNAMENT RULES**

**14 Minute Halves- Grades 4-6**

**16 Minute Halves- Grades 7-12**

- 1. All games are by current NCAA Women's Rules except where noted below.**
- 2. There is a 10 sec. backcourt violation and 5 sec. on dribble and held ball. Rebound on Foul Shot release and players must be above the block on shot.**
- 3. Overtime is 3 minutes and each team gets an additional full time out.**
- 4. Halftime is 5 minutes.**
- 5. Shoot one and one on the 7<sup>th</sup> foul and 2 shots on 10<sup>th</sup> foul of each half.**
- 6. A player will get 5 fouls before fouling out.**
- 7. Three full timeouts and 2 30 second time outs per game.**
- 8. The team on the left side of the schedule is the home team. They will sit on the left side of the court and provide game ball and wear light uniforms.**
- 9. Mercy Rule; if a team is ahead by 30 points in the 2<sup>nd</sup> half, the clock will run continuously, except for time outs and referee's instructions.**